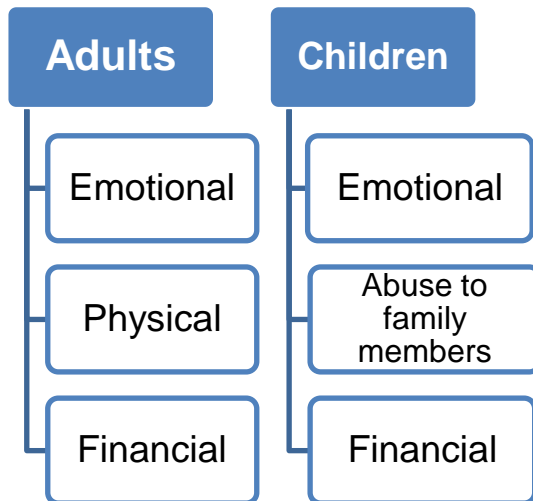


## DID YOU KNOW...

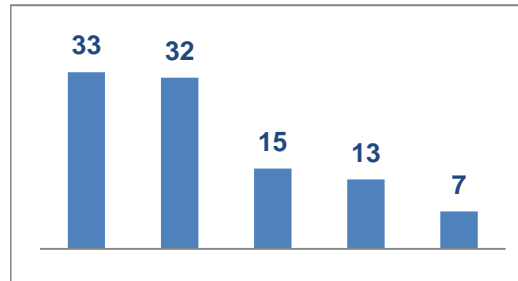
Physical abuse is **NOT** the #1 type of abuse reported by women and children?

Below are the **TOP 3** reported by each group.



If you feel you are in an abusive relationship or know someone who might be, please contact us.

## WHO WE SERVE



- 33% Women in shelter
- 32% Children in shelter
- 15% Children's counselling
- 13% Outreach (non-shelter families & singles)
- 7% Other (men in shelter & parents of children in counselling)

## HOW WE HELP

*(so she can leave or plan for a safe future)*

1. Risk Assessment & Safety Plans
2. Counselling – Children's, Individual, Group & Helpline
3. Outreach support
4. Court support
5. Childcare and respite
6. Public education
7. Advocacy & referrals to resources

## WHY DON'T THEY JUST LEAVE?

"If I left he always said he could kill me and make it look like an accident. I believed him."



"My self-esteem is so broken, how will I make it on my own?"



"I would just go from being dependant on him to being dependant on gov't handouts. At least with him I get enough money to eat and have a roof over my head."