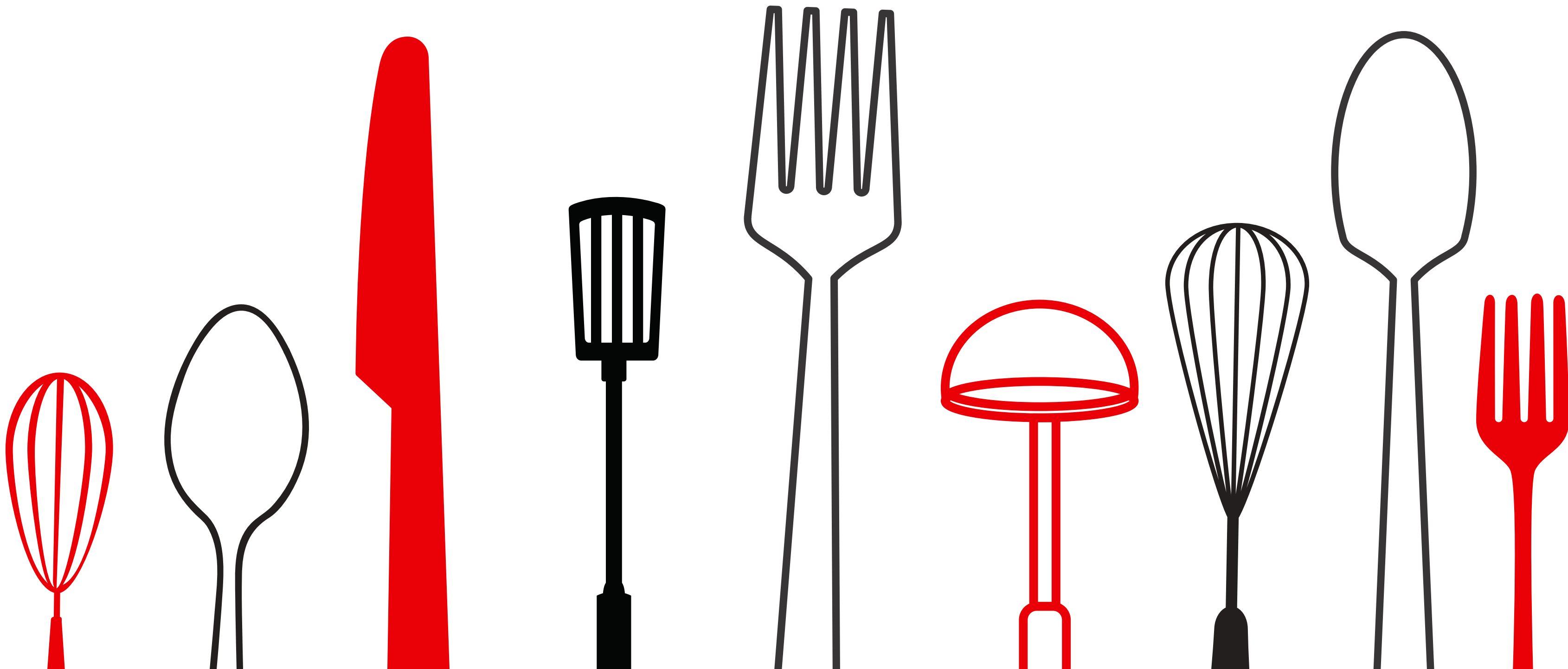


Wheatland Crisis Society

Invites you to

The Saucy Pot



Calling all cooks!

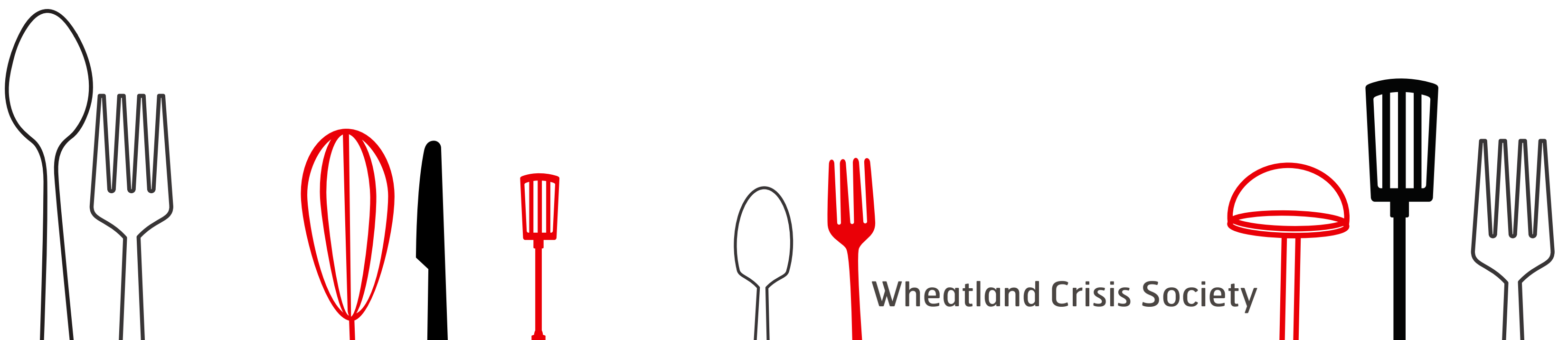


The Wheatland Crisis Society invites you to become part of our new team building program, **THE SAUCY POT**. This is your chance to get together with your friends, family or co-workers and cook for a cause. Volunteers will gather together in a local commercial kitchen to prepare several freezer meals that will be served to families staying in the shelter. We provide a certified food safety coordinator and the space, you provide the groceries, your recipe ideas and the elbow grease!

Help us create budget friendly, nutritious, homemade meals in a fun, community minded atmosphere. If your group would like to participate, we want to hear from you.

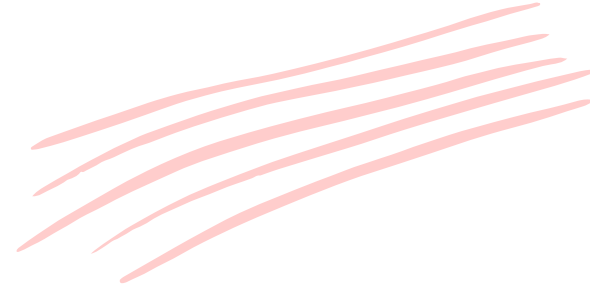
Please contact us at wcs.events@wcsab.ca or 403 934 6634.

If you have a family favorite tried and tested freezer meal idea for this event we would love to hear from you! We are always looking for new ways to expand our menu. Please keep in mind that ingredients should be budget friendly and kid approved. Bonus points for delicious vegan and vegetarian meals!





FAQ



How many people do we need to bring to participate?

Due to the size of the space we recommend a minimum of 3 and a maximum of 8. If you have a large team we are able to support 2 or 3 groups on separate dates.

What will we make?

That is up to you. Our Life Skills Coordinator can provide recipes or you are welcome to bring your tried and tested family favorites. We request that recipes freeze well, are nutritious, and budget and kid friendly.

Who supplies the groceries?

Your team is welcome to shop or a member of our team can do this for you. You or your business will be issued a charitable donation receipt for the total cost of the groceries. Should your team want to help but are unable to support with the groceries WCS can provide the necessary items as well. *Please note all food items must be government inspected.*

How do I get involved?

Contact our Volunteer Coordinator at wcs.events@wcsab.ca or 403-934-6634 ex. 107 to book a time and date that works best for your team.

